



Sierra Outpost

Dinner with a Scientist

September 18

Dinner with a Scientist is scheduled for the 18th of September. Fliers and applications were out on the high school campus as school began. We'll be able to take a

maximum of 50 girls to the UC Merced campus for round table discussions with female professors and professional women in the sciences. The girls always have great questions for the adults. They ask about overcoming barriers to scientific careers from high school experiences through college



level and even workplace bias. They discover the variety of careers available in the sciences, even how to apply an interest in art to science. They enjoy the air-

conditioned comfortable bus provided by donations from the local Tavis Corporation. Word gets around about this popular, important event. Several completed applications came in before school even began. Deadline for applications was August 30... in hand or post-marked.

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YARD SALE next month

October 26-27

See [page 3](#) for details

Leadership Team Notes

—Dina Lambert

The proposed budget for the 2019

– 2020 year passed with 39

responding (all Yes) to the Survey Monkey sent out mid-August, one (Yes) responding via text message, six (all Yes) responding via email.

With the current paid membership of 78 this was quite a large response (58.97%).

Many commented on the increased budget for Speech Trek.

The Leadership Team felt that in order to encourage more students to participate in this event we needed to increase the prize money. The topic this year is “Are men and women truly equal today, or are the Suffragettes of 1920 still suffering in 2020?”. The topic was chosen to commemorate the 100 - year anniversary of women's right to vote. 1st place will receive \$500, 2nd place \$250, and 3rd place \$125. Please plan on attending this event to be held at the MCHS auditorium. We will announce the date soon.

We are not having a major fundraiser this year since the current balance in the checking is sufficient to cover the proposed budget expenses. We will still have the yard sale which is scheduled the weekend of October 26-27. We will continue to accept any monetary donations to any of our projects (Dinner with a Scientist, Tech Trek, Speech Trek, Backpack). Contact Dina Lambert at lambert@sti.net if you wish to contribute a monetary donation or if you have any other questions or concerns regarding the budget.

Mariposa AAUW 2019-2020 Budget Worksheet	2018-2019 Budget	2018-2019 Actuals	Variance	2019-2020 Proposed Budget
Beginning Balance				\$ 16,857.81
Income Actuals are Net Profit				
INCOME				
District Portion of Dues	1,275	1,292	17	1,275
Donations				
Undesignated	500	7	(493)	500
Designated:				
Backpack	1,157	1,157	0	1,157
Tech Trek	250	250	0	250
Speech Trek	93	0	(93)	93
Dinner w/ Scientist	500	0	(500)	500
Fundraisers				
Yard Sale	2,000	2,777	777	2,000
Spring Event	4,000	9,092	5,092	0
Ads	200	100	(100)	200
TOTAL INCOME	9,975	14,675	4,700	5,975
EXPENSES				
Administration				
Directory	285	286	1	300
Awards/Gifts	100	0	(100)	150
Insurance	341	341	0	400
Postage	185	50	(135)	185
Supplies	200	93	(107)	200
Nametags	0	0	0	0
Website Hosting / Google Acct	60	62	2	75
Phonevite	25	45	20	50
Meetings	350	79	(271)	350
Chamber Dues	100	0	(100)	100
Member Events				
Holiday Event	150	0	(150)	150
Annual Mtg/Brunch	200	0	(200)	200
Programs				
Facilities	250	194	(56)	250
Hospitality	125	93	(32)	125
Miscellaneous	250	123	(127)	250
Projects		0		
Backpack	1,800	2,725	925	2,000
Tech Trek	4,500	4,590	90	4,600
Speech Trek	600	300	(300)	1,100
Dinner w/ Scientist	1,600	221	(1,379)	1,800
Funds Assessment	65	65	0	300
Leadership Development	3,750	1,343	(2,407)	3,750
Marketing	200	0	(200)	200
Equipment	50	0	(50)	200
Miscellaneous	300	(4)	(304)	300
TOTAL EXPENSES	15,486	10,605	4,881	17,035
Projected Checking Account Balance June 30, 2020				5,798
NET ON PROJECTS (DONATIONS LESS EXPENSE)				
Backpack		1,567.64		843.00
Tech Trek		4,339.65		4,350.00
Speech Trek		300.00		1,007.00
Dinner w/ Scientist		221.05		1,300.00
		6,428.34		7,500.00

Event calendar



Sept 4	October Program Planning Meeting: 5:00pm, Location TBD
Sept 9	Leadership Team Meeting: 4:00pm, Mariposa Library
Sept 9*	SIG- Book: 4:30pm, home of Helene Fiske
Sept 10	SIG– International Study: 5:00pm, home of Beth Tomsick
Sept 14	Member Meetup: 9:00am, Pony Expresso
Sept 15	SIG– Wine: 5:00pm, home of Carolyn Baker
Sept 18	Dinner With a Scientist: University of California, Merced
Sept 19	SIG- Great Decisions: 5:00pm, home of Sandi Gabe
Sept 25	SIG– Garden: Time and Location TBA
Oct 1	SIG- Book: 4:30pm, home of Helene Fiske
Oct 7	Leadership Team Meeting: 4:00pm, Mariposa Library
Oct 10	Program: Details TBD
Oct 26-27	Yard Sale: home of Helene Fiske
Nov 16	Member Meetup: 9:00am, Pony Expresso

*Change from usual schedule

Programs

Planning for the October Program:

As you read last month, the theme for this year's programs is "Rural Access to Health Care." You now have the opportunity to participate in planning these programs! We will

be meeting on Wednesday, September 4th at 5 p.m. (location still to be determined) to work on finalizing components of October's event, and we would love your input. If you are interested, please e-mail, call, or text Rebecca Swisher (beccaswish@yahoo.com or 802-779-7923) so that she can answer any questions and let you know where we will be meeting.

AAUW California

What would you like to know?

Looking for information on different branches' leadership teams?
Wanting to find out when events are happening?
Looking for state committee chairs?

Go online to <http://www.aauw-ca.org/branch-officer-listing/>

Enter the password: aauwca

Find it all in the AAUW California Directory:

- Branch leadership information
- About AAUW CA
- AAUW California 2010-2020 Calendar
- AAUW California Board of Directors
- AAUW State Committees and Committee Chairs
- Much more

We Value Education

Membership

Welcome to our newest member

—Dina Lambert

Welcome to our newest member, Caroline “Carrie” Lindstrom. Carrie graduated from Harvey Mudd College earning her BS degree in Mathematics and Masters in Public Health from the George Washington University. Carrie is married to Peter Lindstrom and they have two children ages one and two.

Upon graduating from Harvey Mudd, Carrie worked on space systems in the Air Force. She then traveled and volunteered for a few years, including completing a thru-hike of the Appalachian Trail. She moved to DC for grad school prior to joining the federal workforce as a Presidential



Management Fellow at the National Institutes of Health, and came out to Mariposa in May of 2014 to manage Yosemite's HR office. Carrie enjoys yoga, quilting, and backpacking, though most of her time is now spent as a stay-at-home mom.

Mini Member Meetup

—Jody Sergienko

Summer is nearly over! Our first Mini Member Meetup was held on Saturday the 24th at Pony Espresso. We were a small yet talkative group. Conversation ranged from the difference between individual health and public health, kids going to college and how did we prepare them, where to get our nails done, Mariposa needs a culinary arts program- and much more! Marilyn Saunders won the door prize this month!

L to R: Jody Sergienko, Rebecca Swisher, Marilyn Saunders, Dawn Johnson



Dates and Hosts:

- September 14, Dina Lambert
- November 16, Becky Mock
- February 8, Rebecca Swisher
- April 25, Cindy Harp
- May 16, Kim Monson



We Inspire Life-Long Learning



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Fundraising

Yard Sale – 2019

—Sharon Enrico

Feel the urge to purge? I mean your shelves, not yourselves! Now is the perfect time to start setting aside all your piles, stacks, boxes, collections, mounds of anything that doesn't bring you joy and get it ready for the next person to cherish.



Helene
(heleneandbill@yahoo.com)
or Sharon (slenrico@sti.net) to
make arrangements. We appreciate items that are clean and in working order. Using zip locks to package up anything with small

parts helps, too. If you have big items that might be a challenge to move, contact Sharon ahead of time. We can also try to take out that step by selling it online. Setting up tables, sorting, and pricing will take place on Friday, October 25th, and treasures can be dropped off up until Friday afternoon. An email will be sent out at the beginning of October to recruit volunteers for set up, selling, and clean up. We have such a fun time at this event so be sure to get your name in early for your favorite time slot!

That's right! The annual AAUW yard sale is scheduled for October 26-27. The yard sale will once again be held at Helene Fiske's garage on the corner of 6th and Jones, across from the elementary school. To make it convenient for everyone, Helene will allow people to drop off their donations a week ahead of time. Please, no adult clothing unless it is something special - it just doesn't sell. You can call or email either

AAUW California

Nominations & Elections:

AAUW California is looking for enthusiastic, committed, and proven leaders to serve on the AAUW California Board of Directors. How about you, or is there someone you know with leadership talent? They are seeking candidates for:

- ♦ Secretary (two-year term 2020-2022)
- ♦ 7 Directors (two-year term 2020-2022)

Nomination deadline: December 1, 2019

Click on <http://www.aauw-ca.org/2020-call-for-candidates/> to submit a nomination!



We Send Girls to Science/Math Camp

AAUW National

Worldwide support of women's rights

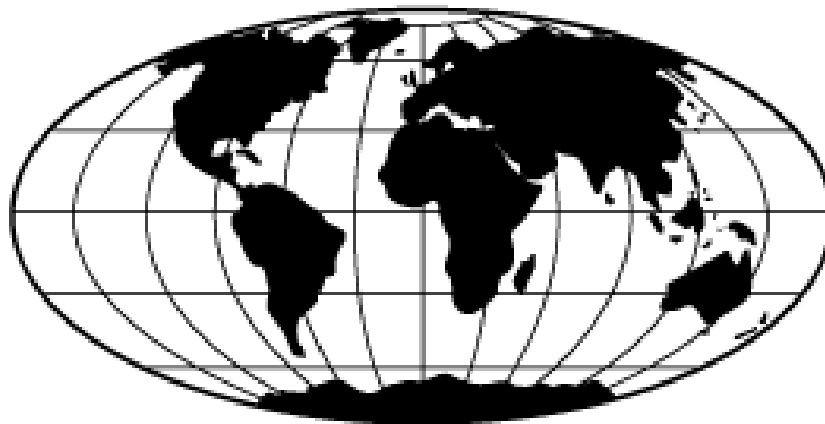
Currently, there is no legally binding convention at the global level to hold nations accountable for preventing violence against women and girls or helping victims survive and heal. The Every Woman Treaty aims to change this situation. This Treaty is an ambitious global initiative designed by a consortium of experts on sexual violence and gender equality from 128 countries, in concert with recommendations from the United Nations and the World Health Organization.

By requiring signatory nations to adopt strategies to enact and enforce laws, train personnel, educate the public, and provide services to ensure survivors of violence receive



treatment, protection, and avenues for seeking justice, the Every Woman Treaty can catalyze change. It also has the potential to marshal funding. Toward this end, the Every Woman Treaty aims to raise four billion US dollars annually or one dollar for every female on earth.

The Every Woman Treaty is supported by a coalition of more than 1,700 women's rights advocates, including 840 organizations, in 128 countries. It offers every woman and man a chance to get involved. Click on <https://everywoman.org> to read and sign the Treaty.



We Sponsor Community Forums

Fundraising



Auction Item from Moroccan Nights

—Dawn Johnson

Zip-a-dee-doo-dah!

Naoko Kada, her husband Leroy Westerling, their two children Aya and Beren, Leroy's work colleagues Jonathan and Lisa and one stuffed hippo harnessed up their courage (and their rears) for an afternoon of ziplining and bee-fleeing at the home of Dawn and Jay Johnson. The party was an auction donation that Naoko purchased at the AAUW Moroccan Nights fundraiser. After checking on their insurance coverage, she booked an afternoon of zipping and sipping, fueled by a bit of liquid courage and an array of appetizers. After a few rounds on the Johnsons' backyard zipline, death-defying ATV rides back up the hill, and dodging yellowjackets, several people took to the plunge pool for a few laps with Maddie the Wonder Dog. The day was apparently a success, as measured by the lack of 911 calls.



Above: Naoko getting Leroy ready to launch



Left: Post-ziplining swimming with the pooch

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We Provide Opportunities for Women to Reach Full Potential

Project: Backpack

Cathy Owens, Karen Rust, Rebecca Swisher

Our membership sure did step up and contribute to the Backpack Project in a variety of ways this year!

We had 15 members contribute school supplies, 14 members donate a financial contribution, 12 members lend a helping hand at the backpack fill event, 5 help pass out packs at the Health Fairs, and three made sure the remaining packs were brought to school sites to give to students in need the first week of school. Thanks so much to all of you who participated in one way or another.

All in all, we donated 60 packs filled with school

supplies; 44 were given at the Health Fairs and the 16 remaining were brought to each of the schools in our district.

Special thanks go to Anita Starchman- Bryant for once again allowing us to use her office as a catch-all for the school supplies. We are also grateful to the Mariposa United Methodist Church for providing us with their Fellowship Hall to fill our backpacks, and also for

—Cathy Owens



Grateful students, armed with new backpacks, are ready for the new school year.



Rebecca Swisher, co-coordinator of project

storing our packs until we needed them.

With the combined efforts of so many, we were able to help 60 Mariposa students begin their school year prepared and ready to thrive in school!

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SIG Overview

Special Interest Groups

International Study
Tiina Wilson


Learn about a country, a culture, and a people. We study one country each year and meet monthly.

Book Group
Saralynn Nusbaum


This group meets monthly to discuss both fiction and non-fiction books members chose to read the previous month.

Great Decisions
Sandi Gabe


This discussion group meets 6-8 times per year to discuss a set of topics developed by the Foreign Policy Administration (FPA).

Garden Group
Micki Finney, Karen Smith


The Gardening group meets to discuss a wide range of topics such as the challenges of gardening in the foothills.



Mariposa, CA Branch

Special Interest Groups
2019-2020

Play Reading Group
Dawn Johnson


"The play's the thing!" Meets monthly to do cold readings of various plays that are shared by several California branches.

Hiking Group
Trish Darcy


The hiking group meets monthly to enjoy each other's company while hiking new trails in and around Mariposa and Yosemite.

Have a special interest of your own? Want to share it with others? Contact a Leadership Team member – we can make it happen!


Wine Tasting
Carolyn Baker, Cindy Harp


The Corks and Forks Wine group meets monthly to experience different types of wines and enjoy them with appetizers and meals paired to complement the varietal being tasted.

We Value Education



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SIG: Wine

Contact [Carolyn Baker](#) or [Cindy Harp](#)

July 20th gathering: A taste of Zin

—Jill Rowney

On a beautiful summer evening in the hills of Midpines, members of Corks and Forks gathered at the home of Angie and George Heiss to enjoy good food and taste various brands of Zinfandels. Some were smooth; some had a bite; many were fruity. We have a tendency to give a higher score to the varietal that we like the best, but the consensus still reflected individual preferences, thus the top four wines were pretty much the top four on everyone's score sheet- just a slightly different order.



Jody Sergienko salutes the #1 choice

#1 choice: Old Vine Zinfan-



Cheers to our hostess, Angie Heiss

del (A robust Zinfandel from the region's signature 50-100-year-old vines. Jammy with raspberry, milk chocolate and mocha flavors, soft tannins and a supple mouthfeel.) (Purchased at Trader Joe's for about \$12.00)

#2 choice: Haraszthy Family Cellars (**Haraszthy Family Cellars** Lodi Old Vine Zinfandel is a delicious medium-bodied wine exhibiting blackberry, raspberry and cherry aromas & flavors.) (Personally, my favorite-editor)

3rd choice: Seghesio Family Vineyards Zinfandel was ac-

tually a Blend: 87% Zinfandel, 9% Petite Sirah, 2% Carignane, 1% Syrah and 1% mixed reds

3rd choice (tied with the previous): *this 2016 Zinfandel has aromas of blackberry, anise and toasty oak. Flavors of blackberry, boysenberry, tar and spice. The dark fruit flavors give way to a spicy mid-palate. The tannins are soft, but enough*



to add a good backbone to this wine. The finish is very long. These handpicked grapes hail from the original vines that John Van Ruiten Sr. planted in 1952. (These notes are a bit more poetic than I would have described - but still it was quite quaffable as David Moore might say).

We Inspire Life-Long Learning

SIG: Wine

Contact [Carolyn Baker](#) or [Cindy Harp](#)

August gathering: A taste of bubbly

—Karen Smith

It was a shimmering evening for sampling sparkling bubbly wines out on the deck of Karen Smith and Michael Martin's home. The weather was compassionate, not too hot, and the wines chilled to perfection. Scrumptious appetizers were plentiful followed by a chicken mole dinner. The wines ambrosial if not epic!

Being good AAUW members we held steadfast to the 6 Steps of Wine Tasting:

- See the wine. Be the wine.
- Swirl the wine. But don't spill it.
- Smell the wine, but don't let the bubbles go up your nose or you will sneeze.
- Sip the wine. Let it sit on the top of your tongue and suck air through it without choking.
- Swallow, don't gulp.
- OK, whatever. We opened one bottle at a time and savored each fizzy drop.

The more we tasted the more the conversation turned thought-provoking and stimulating. The gripping topics ranged from our various ailments, to recipes, to travel to everything in between (except politics). It was a lovely evening and no one got hurt.

Cheers!

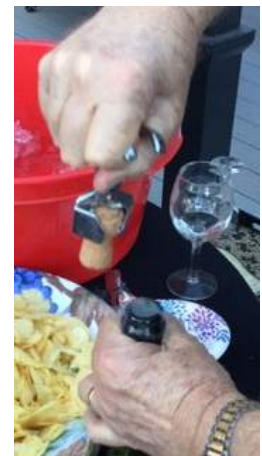


Above: Host, Michael Martin serves Dawna a taste of the first round.

Below: Labels of the first four tasted— all quite quaffable.



No corks went flying with this handy cork puller. There was no suspense, no drama. In fact, it was quite civilized!



We Send Girls to Science/Math Camp

SIG: International Study

Contact [Tiina Wilson](#)



The International Studies Group met at Peggy Shainberg's on August 13 to select an area of the world to study this year. We decided to do an in-depth study of Central America. For our first official meeting of the year, mem-

bers and prospective members should look into the origins of the seven countries or any Central American country that interests them and report at the first meeting. On September 10, we will meet at Beth Tomsick's house at 5pm with an appetizer or beverage and information to share! Do join us if you can.

SIG: Play Reading

Contact [Dawn Johnson](#)



Waiting for Godot.....

—Dawn Johnson

No, that is not the name of the first play for the Play Reading Group.

Like the characters awaiting the mysterious Godot in Beckett's famous play, we await word from the AAUW branch that organizes the play exchange. Our branch is registered for the rotation and the fee has been paid. We await word of when we will receive the first play of

the year and what it will be. At that time, the group will be notified of the first meeting. If you did not sign up for the Play Reading Group and want to know more, contact Dawn Johnson at dawnandjay.johnson@gmail.com. We gather monthly to read plays which are provided by another AAUW California branch. We randomly assign parts and cold read. Rest assured that you do not need any drama talent whatsoever.

Interest Groups - Hiking

Contact [Trish Darcy](#)



The hiking group met at The Grove House on August 27th to plan for our new year. We welcomed new members, welcomed back members that haven't been able to hike with us much, and visited with old members to share our summer adventures. Our hikes will mostly be on the

second Saturday of the month, with a few exceptions to avoid crowds at particular sites. The first hike will be Sunday, September 15th and we will go to Bennetville, an old mining town just outside Tioga Pass. Anyone who wants to join our hikes, feel free-even if you're not on our "official" list! The more, the merrier!

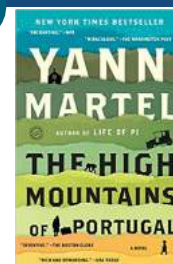
SIG - Book

Contact [Saralynn Nusbaum](#)

Our **next meeting has been rescheduled for Monday, September 9, 2019 at 4:30 pm** at the home of Hélène Fiske where we will be discussing:

The High Mountains of Portugal

By Yann Martel



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We Sponsor Community Forums



SIG: Garden

Contact [Micki Finney](#) or [Karen Smith](#)

—Karen Smith

You don't have to have a green thumb to be in the AAUW Gardening Group

A partial representation of the AAUW Garden Group assembled at the home of Karen Smith on August 8th. Seems the majority of the group was more interested in yoga class than talking green stuff. Just a side note that we could have done multiple Downward Dog and Boat Poses or the Supported Scorpion Pose on the back deck. But what's more important than gardening!!!!

The assemblage was first challenged with a test to even find my house even though directions were provided. But once all participants were accounted for, the meeting began. We did manage to take a group photo.



It was a lively discussion about what we as a group wanted to do: flower gardens versus edible gardens, guest

speakers, winter meetings to just talk about gardens and share gardening books, joining with Master Gardeners on projects, identifying clean up areas in town and how far we wanted to travel as a group to explore botanical gardens in the state. Betty Massey turned us on to Johnnyseeds.com and how to spend a complete day watching One Yard Revolution on Youtube. Whew! It was exhausting! I had to go take a nap afterwards.

My husband who was in the other room during the meeting, said afterwards there was LOTS of TALKING at once. I assured him that was fine as we didn't have a formal agenda and everything goes. He said that was no way to hold a meeting and I told him he was on his own for dinner that night as well as breakfast for an undetermined amount of time. He cooked dinner last night.

Some things to look forward to:

- Mariposa County Fair from August 30th to September 2nd
- Master Gardeners Fall Plant Sale on October 5th from 9:00 am to 1:00 pm
- Landscape Design on October 12th at the Board of Supervisors chambers
- Clovis Botanical Garden in our annual plant sale October 20th from 9:00am to 2:00pm

We Provide Opportunities for Women to Reach Full Potential

SIG: Great Decisions

Contact [Sandi Gabe](#)

The state of the State Department and American diplomacy

—Jill Rowney

At July 24th's gathering we viewed a short documentary and, having already read the article in the booklet produced by the Foreign Policy Association, discussed the ramifications of budget cuts and unfilled positions. With the current administration, there have been marked changes in the United States' relationships with the global community. The diminishing priority to the State Department and American diplomacy gives cause of great concern.

The Rise of Populism in Europe

—Sandi Gabe

Mass migration, and the problems associated with it, have directly contributed the rise of populist parties in Europe. Opposition to immigration was the prime driver of support for Brexit. It brought a far-right party to the German Bundestag for the first time since the 1950s, and propelled Marine Le Pen to win a third of the vote in the French presidential election. In addition to calling for stronger borders, however, these parties are invariably illiberal, anti-American, anti-NATO and pro-Kremlin, making their rise a matter of serious concern for the national security interests of the United States.



Join the Great Decisions group at Sandi Gabe's home on Tuesday, September 17 at 5pm. Peggy Shainberg will facilitate our discussion.

We Open Eyes



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STARCHMAN & BRYANT
ATTORNEYS AT LAW

4750 Highway 49 South, Suite 1
Mariposa, California 95338
(209) 966-6111

Telefax (209) 966-2320 starchman-bryant@sti.net

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www.aauwmariposa.com
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[Jody Sergienko](#)
[Rebecca Swisher](#)

The Sierra Outpost, newsletter of the Mariposa Branch of AAUW, is usually published on the 1st of each month. It is available online in pdf format. If you cannot access the on-line copy please contact Jill Rowney. Deadline for submissions is the 25th of the month. Send information/questions to editor: jillrowney@yahoo.com

Project Chairs/Coordinators

Advertising	Sharon Enrico
Back Pack Project	Cathy Owens & Karen Rust
	Rebecca Swisher
Dinner With a Scientist	Marilyn Saunders
Newsletter Editor	Jill Rowney
Publicity	Jody Sergienko
Social Media	Dina Lambert
Speech Trek	Kim Monson
Tech Trek	Trish Darcy & Phyllis Weber
	Jill Rowney
Website	Sharon Enrico
Yardsale	

AAUW <https://aauw.org/>
AAUW California <http://www.aauw-ca.org/>

We Inspire Life-Long Learning



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